

Chapter 3:-Questions

1. What is the battle between the "flesh and the spirit"?

In our moral and spiritual life there is a constant battle between the flesh and the spirit, to choose good or bad, to choose God or Satan. This struggle within us is called the battle between the "flesh and the spirit". The spirit is willing to choose good and do good, but the flesh yields to the attractions of sin.

2. By the petition, "lead us not in to temptation" what exactly are we praying for?

First and foremost, we are asking God's help, so that we do not yield to temptations to sin or do anything shameful. Secondly, we ask God to spare us from the trial and if in case of trial, help us to persevere and overcome it.

3. How did Jesus overcome temptations?

Jesus conquered temptations through prayer. We have a Father in heaven who gives us the strength to overcome all the temptations.