

Sub: Moral Science

Write down the notes in your M.S.C copy and learn.

Lesson: 3

Self - image

Key Values

- * Self - image
- * Self - acceptance
- * Greatness

Word meaning

- (1) Scorn - disdain/strong feeling of disrespect for someone.
- (2) Rage - violent anger
- (3) Plead - argue in support of a case against another.
- (4) Insult - affront /rude word or action
- (5) Greatness - large amount

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(6) Innocence - not guilty

(7) Congregation - an assembly

(8) Testament - a will.

Answer the following questions

Q1. Why did Chikku cry when his brother laughed at him?

Ans: One day Chikku's brother Chiru got angry with him. When Chiru got angry, Chiru teased him. This act of Chiru was irritating, thus Chikku felt hurt and cried aloud.

Q2. What changed Chikku's mind?

Ans: When Chikku's mother saw that Chiru is teasing him. She said "let Chiru say anything, my Chikku is very sweet. He will never be rotten". This changed Chikku's mind.

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Q3. Why did Chiru stop calling his brother by nicknames?

Ans: Whenever Chiru called Chikku as rotten Chikku, he used to say, "I am Mamma's sweet Chikku." As Chikku was not irritated, Chiru stopped calling him by nicknames.

Q4. What do you mean by self image? Do you think positive self-image and pride are the same? Explain.

Ans: People's concept or understanding of self is known as self image.

No, positive self-image is not equivalent to pride because the root of positive self-image is humble acceptance of God's grace and gratitude to the creator while excess pride is negative force which emphas^hes (sense of superiority over others).

Q5. Write five expressions which reflect positive self-image.

Ans: The five expressions which reflect positive self-image are as follows:-

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- * I can do it .
- * I am worthy .
- * I am good enough .
- * I am perfect .
- * Everybody loves me .

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1. Read the events and answer the following

1. As usual, a tiny woman figure was walking through the streets of Kolkata wearing the blue bordered white sari with a crucifix on it. When she



reached at the front of a bakeman's shop, she stopped for a while. Stretching out her hands towards him she pleaded, "Would you give me something?" He looked at her for a minute with scorn and contempt. He shouted with all rage, "Here it is." He spat on the palm of her hand. "This is for me", stretching out the other hand she pleaded again, "Would you give something for my children?"

2. There was an incident in the life of Mahatma Gandhi. Once, when he was travelling in a train, a white man slapped on Gandhi's cheek with his shoe. Gandhi asked with a smile, "My brother, is there any problem with your shoe? Is it all right?"



Mother Teresa and Mahatma Gandhi were insulted by people. If we were in their place, what would we have done? They were aware of themselves. Mother Teresa knew that her life is not for herself but for the poor of Kolkata. Gandhiji knew what real greatness is. So, they were not annoyed at the insult by others.

1. What made Mother Teresa behave gently with the man who insulted her?
2. What do you learn from the above mentioned incident from Mahatma Gandhi's life?